

# Side Plus <sup>mesh</sup>

3 - W A Y   B A B Y   C A R R I E R

## Instruction Manual



**with  
support board**

## Why is the support board important?

The necks and backs of newborn babies are weak and fragile. This is why babies cannot hold their heads up when they are newly born. According to leading chiropractors, baby carriers for infants should support the neck and head, and not place the infant's lower body in a weight-bearing position too early. The support board was specifically designed with this in mind. In addition, the support board also prevents choking, which can occur when babies are hunched over with their chins touching their chests.

Thanks to the support board, baby can sleep in their carrier, lying down. This offers a relaxing, comfortable position for baby, right next to their parent.



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# Side Plus Mesh Baby Carrier's Basic Parts



Support board with mesh cover

Air holes for breathability

Velcro strap

# Cradle-Hold carrying position



**Cradle-Hold position recommended age:**  
From 10 days old until baby can hold up their head  
(approx. 7 lbs/3.2 kg to 13.2 lbs/6 kg)



**1.** Undo all buckles and lay your carrier flat.



**2.** To prepare the head and back support, insert the support board into the carrier as shown, and seal with the **Velcro strap**.



**3.** Remove the **cradle ring** from the **storage pocket** in the **padded waist belt**.



**4.** Fold the **padded waist belt** and place into the **storage pocket**.



**5.** Thread both **shoulder straps** through the **cradle ring** in the middle, and fasten to the left and right **shoulder buckles**. Once you're done, the straps should look like a triangle.



**6.** Adjust the **stabilizer buckle**. Keep it as low as possible to avoid covering baby's face, and as narrow as possible to keep the **shoulder straps** close together. Keep the **stabilizer buckle** open prior to putting baby in the carrier.



**7.** Place the carrier across your body. The **shoulder straps** are adjustable. Adjust all straps accordingly, ensuring that baby's head will be next to your chest, with their bottom on your waist. Any excess strap length can be rolled and tied up using the elastic bands at the end of the straps.



**8.** Ready for use. Always ensure that you use a safe, secure surface to put baby in the carrier.



**9.** Ensuring that the **support strap** is untied, place baby in your carrier. (Smaller babies' arms may not reach the arm position yet. Your carrier is safe for babies 10 days and older.)



**10.** Fasten the **support strap**, ensuring that it is not too tight around your baby.



**11.** Fasten the **stabilizer buckle**.



**12.** If you prefer carrying baby on your left shoulder, pull the straps over your head and right shoulder, and vice versa.

### HELPFUL TIP:

If you wish, you may adjust the shoulder straps to ensure both your own and baby's comfort.



#### To shorten shoulder strap:

Hold the edge of the strap and pull in the direction shown.



#### To lengthen shoulder strap:

Raise the buckle and pull inside strap in the direction shown.

# Preparation for Face-to-face / Piggy-back



**1.** Undo all buckles and lay your carrier flat.



**2.** Remove the padded waist belt from the storage pocket.



**3.** Store cradle ring in the storage pocket.



**4.** It is advisable to do most of the strap adjustments prior to putting baby in your carrier. Adjust the padded waist belt to fit around your hips.



**5.** Thread the shoulder straps through the shoulder rings on the left and right, and fasten to the shoulder buckles.



**6.** Test your carrier. To shorten the shoulder straps, hold the edge of the buckle and pull to the desired length. To lengthen the shoulder strap, raise the buckle and pull in the opposite direction. Any excess strap length can be rolled and tied up using the elastic bands at the end of the straps.

# Face-to-face continuation



**Face-to-Face position recommended age:**  
From when baby holds up their head  
(approx. 13.2 lbs/6 kg) to approx. 28 lbs/13 kg



**7.** With your arms still through the **shoulder straps**, fasten the **stabilizer buckle straps** behind you. This is to ensure that the **stabilizer buckle** is at a comfortable level where you can reach it.



**8.** Remove the carrier and place it on a safe, secure surface; it is ready for use. Ensuring that the **support strap** is untied, place baby in your carrier. (Smaller babies' arms may not reach the arm position yet.)



**9.** Fasten the **support strap** while making sure that it is not too tight around baby when adjusting.



**10.** Attach the **padded waist belt** around your waist with the **waist belt buckle**. Support baby's head and back as you lift your baby. Baby's weight should be carried on your waist. This places less weight on your shoulders, and reduces weight-induced injuries.



**11.** Put your arms through the **shoulder straps** and fasten the **stabilizer buckle straps**.



**12.** Now that baby is in place, you may wish to make a few minor adjustments to ensure both your own and baby's comfort.

# Piggy-back continuation



**Piggy-Back position recommended age:**  
From when baby holds up their head (approx. 13.2 lbs/6 kg) to approx. 33 lbs/15 kg



**7.** Remove the carrier and place it on a safe, secure surface; it is ready for use. Ensuring that the **support strap** is untied, place baby in your carrier. (Smaller babies' arms may not reach the arm position yet.)



**8.** Fasten the **support strap** while making sure that it is not too tight around baby when adjusting.

**\* There are two ways to get your baby into the piggy-back position.**



**9. OPTION A:** Face your baby and attach the **padded waist belt** to your waist. Support baby's head and back as you lift your baby on your side. Carefully slide baby to your back, using your arms to support baby at all times.



**9. OPTION B:** With your back to baby, attach the **padded waist belt** around your waist. Lean back as you put your arms into the **shoulder straps**. Carefully stand up and lift baby off the surface.



**10.** Fasten the **stabilizer buckle straps** on your chest.



**11.** Now that baby is in place, you may wish to make a few minor adjustments to ensure both your own and baby's comfort.

## **HELPFUL TIP:**

The stabilizer buckle can be adjusted for length and width. For your comfort and baby's, adjust it up or down to fit your body.



# For safety, please read the instruction manual before using the carrier.

## **⚠ CAUTION:**

**Failure to follow the manufacturer's instructions can result in death or serious injury.**

- Make sure that your baby's airway is clear and baby is breathing normally at all times while using the carrier.
- Please use a safe surface for putting your baby into or removing them from the carrier.
- To ensure baby's safety, we recommend that you test your carrier prior to use by putting it on without your baby, and looking in the mirror to see if it is worn appropriately.
- Do not let baby put their fingers into the buckle opening. When this carrier is not in use, close the buckles.
- Do not unstitch or cut off the backstitch at the end of the strap.
- Prior to using the carrier, please examine it for any damage, breakage, fraying, etc.
- Please store this product out of the sun when it is not in regular use. Failure to do so may result in product deterioration.

## **⚠ WARNING:**

**Failure to follow the manufacturer's instructions can result in death or serious injury.**

- Please follow the recommended age guidelines without fail.
- Do not unbuckle the carrier while in use. Prior to usage, please make sure all buckles are fastened.
- Prior to usage, adjust each belt and strap to suit your body type.
- The carrier should not be used while jogging, jumping, or exercising. Take care when bending (no more than a 45-degree angle) or leaning forward, sideways, or backward.
- Please do not use this product if your child's movement adversely affects your balance.
- Do not use or leave this baby carrier near fire.

- Do not use in a car, or on a motorbike or bicycle.
- A baby carrier might hinder your vision. Therefore, please pay attention while walking, especially on uneven surfaces. Please make sure your line of sight is clear.

### **SUFFOCATION HAZARD**

- Ensure baby's face is above the fabric, visible, and free from obstructions at all times.
- Babies at greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age.
- Ensure the baby does not curl into a "C" position, with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth.

### **FALL HAZARD**

- Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving. Follow the manufacturer's recommended weight range when using this carrier. Never use this carrier for a preterm infant without seeking the advice of a health care professional.

## **Care instructions**

- Hand wash the baby carrier with cold or warm water. Gently squeeze out the water by hand and dry in shade.
- For small messes, wipe clean with a damp cloth.
- For information on the materials used in the product and washing instructions, refer to the tag stitched on the product.
- Please store the product in a shady area when it is not in regular use.

## **Washing instructions**

- Please wash separately.
- Use a mild, bleach-free detergent. Do not use chlorine bleach or fabric softener.
- Line-dry after washing; do not put the product through the spin cycle or in the dryer, as doing so may damage the product's accessories.